

GAME FORMAT:

Games are 45 minutes in length consisting of two 20 minute run-time halves with a 5 minute break between halves.

- ❖ Four on Four format. Teams of 8 players.
- ❖ No goalies. Shinny nets are used.
- ❖ Equal ice time is a required part of the game.
- ❖ Random draw to determine schedule/opponents.
- ❖ Teams are guaranteed a minimum of 3 GAMES
- ❖ Ice will be zambonied as the rink schedule allows
- ❖ No overtime periods in round robin play.
- ❖ Total points in opening rounds determine playoff position.
- ❖ Playoff and championship games will have a 3 minute overtime period. If after the overtime there is still a tie, first team to score wins.

EQUIPMENT:

All players **MUST** wear hockey skates, CSA approved helmets, and gloves. Shin/elbow pads and cages/visors are optional. Full equipment is NOT permitted.

ADMINISTRATION:

This is a weather permit event. Games are on unless the convenor deems the ice unplayable. **There will be no refunds for any reason including cancellation or postponement due to inclement weather.**

Players **MUST** be 19 years of age or older. To ensure team equity, teams are selected by the tournament convener based on registration and ability.

Players will self-grade their ability. The convener reserves the right to make adjustments to the team roster up until the start of the first game. Alternates are chosen at the discretion of the convener.

Teams chosen are for the duration of the tournament. A player will only be allowed to play for one team.

Players are responsible for staying informed as to game times.

The organising committee reserves the right to add, change, or delete rules. Teams will be informed of any changes.

The organising committee reserves the right to prohibit any player from participating if they are deemed to cause safety concerns.

GAME RULES:

1) NO CONTACT

2) NO lifting the puck. Raising of the puck will result in the puck being awarded to the opposing team (change of possession)

3) No slap shots. Stick blades must remain on the ice during play

4) No contacting the puck above the waist with your stick

5) There will be no off-side or icing calls, however teams are requested to honour the blue line.

6) Goals must be scored from the attacking side of centre ice

7) No player can stand in the crease or fall or lay on the ice in an effort to protect the goal area or lay their stick to protect the goal area (goaltending)

8) Teams will be required to give their opponents ½ ice after a goal is scored or a change in possession occurs for a penalty / infraction. The team that has been scored upon must move the puck over the ½ ice marker (red line) before the defending team can engage play

9) Pucks that are accidentally shot out of bounds will result in the opposing team gaining possession at the spot closest to where the puck left the area of play. Defenders must give the in-bounding team 2 stick lengths to initiate play once again. The officials will have extra pucks and immediately spot a puck for play to continue.

10) All minor rule infractions (unintentional tripping, hooking, slashing, body contact, elbowing) will result in a change of possession

11) All major rule infractions which include; intentional tripping, hooking, slashing, body contact, elbowing, fighting, or swearing, and abuse of any official or committee member, or any action with intent to injure, will result in ejection from the tournament with no substitution allowed for the offending player's team

12) All calls are at the discretion of the officials and not subject for discussion. (players who challenge officials on ice will be immediately tossed from the game)

PLAYER REGISTRATION:

No reciprocation or group registration

PLEASE FILL OUT COMPLETELY

Name: _____

Street Address: _____

Postal Code: _____

Telephone: _____

Email: _____

Age: _____

Hockey Experience:

Number of years of play: _____

league:_____ pick-up or shinny:_____

Ability: please rate yourself according to the scale provided.

A___ I am a fast skater, play well, like to have fun, and can control the puck.

B___ I have played shinny or league before. I am steady on my feet, know the rules, and love to play.

C___ I know how to skate, stop, and the basic idea of the game

I understand that I am responsible for all medical coverage. I release the organisers, officials, sponsors, and anyone associated with this event from all losses of property and injury that may arise from my participation. I have read, **understand**, and agree to all the rules.

Print name: _____

Signature: _____

Date: _____

**Mail completed forms with \$35.00 cheque payable to:
Deirdre Norman
Box 515 Stn. 'C' Toronto M6J 3P6
All registration is NON-refundable**